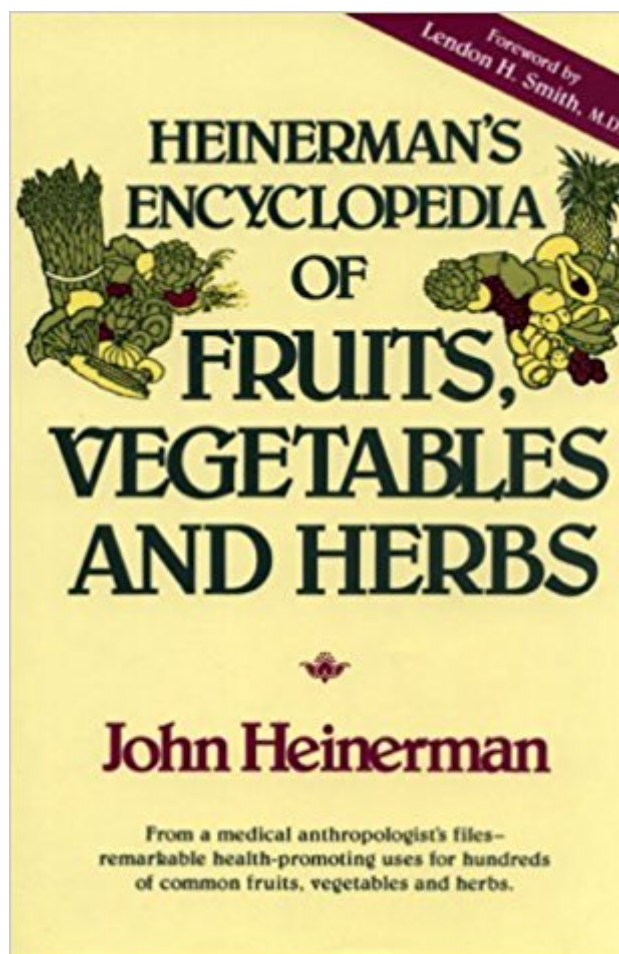


The book was found

Heinerman's Encyclopedia Of Fruits, Vegetables, And Herbs



Synopsis

NEW BOOK ! May Show minor shelf wear. Our books are shrink-wrapped, and carefully packaged to assure your book will arrive in good condition. SATISFACTION GUARANTEED

Book Information

Hardcover: 544 pages

Publisher: Parker Publishing Company; 14th edition (July 1988)

Language: English

ISBN-10: 013385857X

ISBN-13: 978-0133858570

Product Dimensions: 9.4 x 6.3 x 1.5 inches

Shipping Weight: 2 pounds (View shipping rates and policies)

Average Customer Review: 4.6 out of 5 stars 21 customer reviews

Best Sellers Rank: #639,099 in Books (See Top 100 in Books) #28 in Books > Medical Books > Pharmacology > Reference #453 in Books > Health, Fitness & Dieting > Alternative Medicine > Naturopathy #984 in Books > Health, Fitness & Dieting > Alternative Medicine > Herbal Remedies

Customer Reviews

NEW BOOK ! May Show minor shelf wear. Our books are shrink-wrapped, and carefully packaged to assure your book will arrive in good condition. SATISFACTION GUARANTEED

This is a fairly comprehensive rundown of herbal/natural remedies. I'm super into that stuff, to the point where I don't use anything that isn't totally natural (i.e. no pills, no chemicals, no matter what), so I've heard of a lot of the stuff Heinerman lists, but there's also a lot of remedies that I hadn't heard of before. It's organized alphabetically by herb, and then there's an index in the back of ailments, and, personally, I would've done it the other way (more likely that I'll be looking for a variety of cures to my one problem than a variety of things to do with the one herb/fruit/whatever that I have), but it's effective this way. The book is pretty and well bound, and even though if you looked hard enough I'm sure you could find all this info online, it's nice to have everything in one place, so you can browse as well as look things up. Also, this would be so great in the end of the world, a la TNT's *Falling Skies* or AMC's *Walking Dead*...I have no discernible fighting or building skills, so my only hope to be kept around is having healing skills, so I'm adding this book to my list of end of the world supplies.

Good information.

As expected.

I've had this book since it first came out 20 years ago, and, although there are many good references out there, this is the first book I turn to when I need this kind of information, and it hasn't failed me yet. I've even tried some of the many recipes he includes, and they're good! I really think every home should have a copy of it. In fact, I just bought a copy for my sister for \$.01 plus shipping from Marketplace. I paid a lot more, but I don't regret it. It has definitely been worth it.

This seller offers the EXCELLENT paperback version for the expert who guides you to do the right things for your body."Heinman's Encyclopedia of Fruits, Vegetables and Herbs", 9th Editio. FAST Sh&H! Great prices! I'll be back! ?Thanks! Juli ;)

Read this. Ordered for a friend

this book is what to eat to be healthy and why awesome

One of the most useful books I have recently seen.

[Download to continue reading...](#)

Heinerman's Encyclopedia of Fruits, Vegetables, and Herbs
Heinerman's New Encyclopedia of Fruits & Vegetables
Heinerman's Encyclopedia of Healing Herbs & Spices: From a Medical Anthropologist's Files, Here Are Nature's Own Healing Herbs and Spices for Hundreds of Today's Most Common Health Problems
How To Dry Herbs At Home: The Ultimate Guide To Drying Herbs (Herb Gardening, Herbs And Spices, Condiment Recipes, Condiment Cookbook, Herbal Recipes, ... Mixing Herbs, Spices, Sauces, Barbecue)
The Illustrated Encyclopedia of Fruits, Vegetables, and Herbs: History, Botany, Cuisine
How to Grow More Vegetables, Eighth Edition: (and Fruits, Nuts, Berries, Grains, and Other Crops) Than You Ever Thought Possible on Less Land Than You ... (And Fruits, Nuts, Berries, Grains,)
The Beginner's Guide to Making and Using Dried Foods: Preserve Fresh Fruits, Vegetables, Herbs, and Meat with a Dehydrator, a Kitchen Oven, or the Sun
Hydroponics: The Simple Guide to Hydroponics Gardening For Beginners, Grow Organic Vegetables, Fruits and Herbs to save time and money!(Hydrofarm, Homesteading, Aquaculture,

Aquaponics, Horticulture) Western Garden Book of Edibles: The Complete A-Z Guide to Growing Your Own Vegetables, Herbs, and Fruits The Complete Guide to Growing Vegetables, Flowers, Fruits, and Herbs from Containers: Everything You Need to Know Explained Simply (Back to Basics Growing) McGee & Stuckey's Bountiful Container: Create Container Gardens of Vegetables, Herbs, Fruits, and Edible Flowers Food to Grow: A simple, no-fail guide to growing your own vegetables, fruits and herbs Edible Plants for Prairie Gardens: The Best Fruits, Vegetables and Herbs (Prairie Gardener) Edible Gardening for Washington and Oregon: Vegetables, Herbs, Fruits & Seeds Texas Organic Vegetable Gardening: The Total Guide to Growing Vegetables, Fruits, Herbs, and Other Edible Plants the Natural Way Vertical Gardening for Beginners: How to grow organic food at home without a yard: grow unlimited delicious fruits, vegetables, and herbs in your urban homestead (survival guide for healthy living) HYDROPONICS : Simplified Guide for Growing Vegetables, Fruits and Herbs at Home for Beginners (Beginners Gardening, Organic Gardening, Self-Sufficiency, Farming) Aquaponics: Ultimate Complete Essential, Gardening Guide to Growing Vegetables, Fruits, Herbs and Raising Fish From Beginner to Expert (Hydroponics, Organic Gardening, Self Sufficiency, Homesteading) The Complete Guide to Saving Seeds: 322 Vegetables, Herbs, Fruits, Flowers, Trees, and Shrubs The Beautiful Edible Garden: Design A Stylish Outdoor Space Using Vegetables, Fruits, and Herbs

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)